

# The European School of Prolotherapy



## Lyftogt Perineural Injection Treatment Introductory Workshop

### An Intensive 3-Day Workshop

#### PROGRAMME

#### DAY ONE (9:00 - 17:00) LOWER LIMB PAIN

- 9:00 - 10:00 - GLUCOSE, NERVES AND NEUROPATHIC PAIN
- 10:00 - 10:45 - LIVE PATIENT TREATMENT DEMONSTRATION OR TREATMENT VIDEO
- 10:45 - 11:00 - MORNING COFFEE BREAK
- 11:00 - 12:30 - INTRODUCTION INTO THE MACRO-ANATOMY OF LOWER LIMB PAIN
  - Introduction to the relevant nerves
  - CCI of Knee-Lower Leg
  - CCI of Ankle-Achilles Tendon and Foot
  - Drawing and treatment if time allows. (Dr John Lyftogt).
- 12:30 - 13:30 - LUNCH BREAK
- 13:30 - 14:00 - QUESTION AND ANSWER SESSION
- 14:00 - 15:15 - DEMONSTRATION & TREATMENT OF LOWER LIMB NEUROPATHIC PAIN by DR. JOHN LYFTOGT
- 15:15 - 15:30 - AFTERNOON COFFEE BREAK
- 15:30 - 17:00 - SMALL GROUP SESSIONS: TREATMENT OF LOWER LIMB NEUROPATHIC PAIN



## **DAY TWO** (9:00 - 17:00) **LOW BACK- GROIN - HIP PAIN**

- **9:00 -10:00** - GLUCOSE, NERVES AND NEUROSCIENCE
- **10:00 -10:45** - LIFE PATIENT TREATMENT DEMONSTRATION OR TREATMENT VIDEO
- **10:45 -11:00** - MORNING COFFEE BREAK
- **11:00 -12:30** - INTRODUCTION INTO THE MACRO-ANATOMY OF LOW BACK- GROIN - HIP PAIN
  - Demonstration of Relevant Nerves and CCl's of the Low Back
  - Groin and Hip
  - Drawing and Treatment if time allows.
  - Outline of Caudal Epidural with D5W (Dr John Lyftogt).
- **12:30 -13:30** LUNCH BREAK
- **13:30 -14:00** - QUESTION AND ANSWER SESSION
- **14:00 -15:15** - DEMONSTRATION and TREATMENT OF LOW BACK- GROIN - HIP NEUROPATHIC PAIN by DR. JOHN LYFTOGT
- **15:15 -15:30** - AFTERNOON COFFEE BREAK
- **15:30 - 17:00** - SMALL GROUP SESSIONS: TREATMENT OF LOW BACK- GROIN - HIP NEUROPATHIC PAIN



## **DAY THREE: (9:00 - 17:00) HEAD-NECK-SHOULDER-ARM-WRIST PAIN**

- **9:00 -10:00 - OVERVIEW NEUROPATHIC PAIN AND SCIENCE**
- **10:00 -10:45 - LIFE PATIENT TREATMENT DEMONSTRATION OR TREATMENT VIDEO**
- **10:45 -11:00 - MORNING COFFEE BREAK**
- **11:00 -12:30 - INTRODUCTION INTO THE MACRO-ANATOMY OF HEAD-NECK-SHOULDER-ARM-WRIST PAIN**
  - **Demonstration of Relevant Nerves and CCIs of the**
  - **Head-Neck**
  - **Shoulder**
  - **Arm - Elbow - Wrist**
  - **Drawing and treatment if time allows. (Dr John Lyftogt).**
- **12:30 -13:30 - LUNCH BREAK**
- **13:30 -14:00 - QUESTION AND ANSWER SESSION**
- **14:00 -15:15 - DEMONSTRATION and TREATMENT OF HEAD-NECK-SHOULDER-ARM-WRIST NEUROPATHIC PAIN by DR. JOHN LYFTOGT**
- **15:15 -15:30 - AFTERNOON COFFEE BREAK**
- **15:30 -17:00 - SMALL GROUP SESSIONS: TREATMENT OF HEAD-NECK-SHOULDER-ARM-WRIST NEUROPATHIC PAIN\_**

[www.proloterapia.it](http://www.proloterapia.it)

**euprolo@gmail.com**